

### **ABSTRACT OF THE DISCLOSURE**

A wader includes a wader leg and a leg insulator. The leg insulator is placed in contact with the wader leg and provides thermal insulation for a user's leg when the user is wearing the wader. However, the leg insulator can be easily and conveniently removed  
5 from the wader leg while the user's leg is positioned within the wader leg. Therefore, it is not necessary for the user to remove the wader in order to reduce the amount of thermal insulation provided to his or her leg.